

Sow, grow and eat: From plot to kitchen

If you ever wondered how to sow and grow chillies, or what might be useful to know when growing tomatoes and what happens when radishes go wrong, then you will need to have a look inside! Building on the experiences of 'Playing with Plant Pots: Tales from the allotment' there is more to be learned from the fruit and vegetable plot. With a few allotment plot staples revisited and others that you might not ordinarily think about, this second book also contains further recipes to be tried using plot fruit and vegetables. Growing your own fruit and vegetables is still uncomplicated and still an opportunity to create edible experiments. Within these pages there are jams, jellies, chutneys and infusions all just waiting for you to read about them and to create them in the comfort of your own kitchen.



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